



Livingstones™

EMPLOYMENT • RELATIONSHIP • ADVISORS

action positive



Rachel Fredericks Consultant

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Rachel is passionate about human behaviour and understanding why people think and behave the way they do. By applying this knowledge to practical situations, she is able to provide clients with a positive and tailored client experience and enhance organisational performance.

Her focus on human-centred design principles combined with evidence based strategies ensures a balance of focus on user need and emotional experience with business outcomes.

Her key personal drivers of commitment, continuous improvement, high performance and diligence ensure that she is able to consistently provide clients with the best possible business solutions. Rachel's value of learning facilitates the application of new innovative concepts and encouraging others to join her in the journey of continuous self development.

Adopting an inclusive and collaborative approach to solving business issues, Rachel believes everyone has something of value to offer. She is confident that the best results are achieved when working in partnership with her clients and colleagues to develop innovative solutions tailored to their business.

She is conscientious and thorough in her approach to work and thrives by managing and setting clear expectations. By listening, asking the right questions and building trust through her warm and engaging approach she is able to add value to her clients.

Rachel works across all areas of organisational development including change management, leadership coaching, workshop creation and facilitation, training, psychometric assessment for selection and development, as well as organisational guidance and support. Industries of experience include financial services, logistics, transport, government and private enterprise.

Qualifications and Memberships

MOrgPsych, BPsySci (Hons),
Certificate II in Business,
Psychometric accreditations for
CEB and Saville assessments,
MLQplus Accredited Practitioner

Australian Psychological Society,
College of Organisational
Psychologists

“ I believe that understanding human behaviour is the key to enhancing user experience and organisational performance. ”

Employment & Industrial Relations

Human Resources & Relationships

Organisational Advisors & Psychologists